

## **LONG EATON 50 STAGE DESCRIPTIONS**

### **General Points**

Places with known Navigational difficulties are **highlighted**

**The following abbreviations are used**

**Way marked routes:**

**DN** – Derby Nomad Way sign (black direction arrow on yellow background)

**MS** – Midshires Way (black writing on white background)

**AV9 etc** – Amber Valley district walks

**BPCW** – Bonnie Prince Charlie Way

**A** – Arrow indicating the direction.

**2, 4, 19 etc** – Number of circular walk in Erewash.

**(0.7m, 1.8m cum)** – length in miles of section in text and cumulative distance from start of stage) approximately.

**Names of roads etc** may not be visible, they are given for reference in case you get lost.

**Using the directions in combination with the strip maps is best.**